

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
ADELE COURT Memories warm you up from the inside 	1 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Yoga Chair Exercises 2:00 Hydration 3:00 Tea Party <small>All Fools' Day</small>	2 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Balloon Volleyball 2:00 Hydration 3:00 Gardening	3 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Bible Study 2:00 Hydration 3:00 Down Memory Lane	4 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Nature Walk 2:00 Hydration 3:00 Movie	5 Crazy Hat Day 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Yoga Chair Exercises 2:00 Hydration 3:00 Tea Party	6 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Walk 2:00 Hydration 3:00		
7 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 2:00 Church 2:00 Hydration 3:00 Music & Memory	8 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Yoga Chair Exercises 2:00 Hydration 3:00 Balloon Volleyball	9 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Easy Crafting 2:00 Hydration 3:00 Making Cookies	10 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Bible Study 2:00 Hydration 3:00 Down Memory Lane	11 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Walk 2:00 Hydration 3:00 Movie	12 Pajama Day 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 PJ Walk 2:00 Hydration 3:00 Movie & Snack	13 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:30 Bird Show 2:00 Hydration 3:00 Hot Drink Bar		
14 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 2:00 Church Hymns 3:00 Music & Memory <small>Palm Sunday</small>	15 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Yoga Chair Exercises 2:00 Hydration 3:00 Social Hour	16 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Easy Crafting 2:00 Hydration 3:00 Gardening	17 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Bible Study 2:00 Hydration 3:00 Down Memory Lane	18 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Walk 2:00 Hydration 3:00 Movie	19 Nerd Day 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Nerd Walk 2:00 Hydration 3:00 History Talk <small>Good Friday</small>	20 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Special Event 2:00 Hydration 3:00 Music & Memory		
21 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 11:00 Church Service 1:00 Church Hymns 2:00 Hydration 3:00 Music & Memory <small>Easter Sunday</small>	22 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Yoga Chair Exercises 2:00 Hydration 3:00 Bird Seed Craft <small>Earth Day</small>	23 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Sewing Circle 2:00 Hydration 3:00 Balloon Volleyball	24 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Bible Study 2:00 Hydration 3:00 Down Memory Lane	25 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Walk 2:00 Hydration 3:00 Movie	26 50's Day 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Yoga Chair Exercises 2:00 Faith Church Singers 2:00 Hydration 3:00 Tea Party <small>Arbor Day</small>	27 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Walk 2:00 Hydration 3:00 Music & Memory		
28 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Church Hymns 2:00 Hydration 3:00 Music & Memory	29 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Yoga Chair Exercises 2:00 Hydration 3:00 Easy Crafting	30 9:45-10:15 Music & Memory 10:15-10:30 Stretches 10:30 Hydration 1:00 Easy Crafting 2:00 Hydration 3:00	 <p>TV Time Multi-Sensory Room Personal shopping done on Friday Outings are subject to weather permitting Down Memory Lane - Reminisce Activities</p>					

Activities subject to change without notice.