

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday  |
|--|---|--|---|---|---|---|
|   |   |  | 9:45-10:15 Music & Memory <b>1</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Bible Study<br>2:00 Hydration<br>3:00 Balloon Volleyball<br><small>May Day</small> | 9:45-10:15 Music & Memory <b>2</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Cooking Club - Cookies<br>2:00 Hydration<br>3:00 Movie         | 9:45-10:15 Music & Memory <b>3</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Sewing Circle<br>2:00 Hydration<br>3:00 Reading – Chicken Soup for the Soul  | 9:45-10:15 Music & Memory <b>4</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 I Spy<br>2:00 Hydration<br>3:00 Down Memory Lane   |
| 9:45-10:15 Music & Memory <b>5</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Bible Study<br>1:30 Church Services<br>2:00 Hydration<br>3:00 Singing Hymns<br><small>Cinco de Mayo</small> | 9:45-10:15 Music & Memory <b>6</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Crafting<br>2:00 Hydration<br>3:00<br><small>Ramadan</small>   | 9:45-10:15 Music & Memory <b>7</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Gardening -Visiting the Court Yards<br>2:00 Hydration<br>3:00 Bird Watching       | 9:45-10:15 Music & Memory <b>8</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Bible Study<br>2:00 Hydration<br>3:00 Chair Yoga                                   | 9:45-10:15 Music & Memory <b>9</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Go for a Walk<br>2:00 Hydration<br>3:00 Bird Watching          | 9:45-10:15 Music & Memory <b>10</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Sewing Circle<br>2:00 Hydration<br>3:00 Movie                               | 9:45-10:15 Music & Memory <b>11</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Reading – Chicken Soup for the Soul<br>2:00 Hydration<br>3:00 Balloon Volleyball                                  |
| 9:45-10:15 Music & Memory <b>12</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Bible Study<br>1:30 Church Services<br>2:00 Hydration<br>3:00 Singing Hymns<br><small>Mother's Day</small> | 9:45-10:15 Music & Memory <b>13</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Craft<br>2:00 Hydration<br>3:00 Singing Golden Oldies   | 9:45-10:15 Music & Memory <b>14</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Gardening – Visiting the Court Yards<br>2:00 Hydration<br>3:00 Feeding the Birds | 9:45-10:15 Music & Memory <b>15</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Bible Study<br>2:00 Hydration<br>3:00 Balloon Volleyball                          | 9:45-10:15 Music & Memory <b>16</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Cooking Club<br>2:00 Hydration<br>3:00 Tea Party              | 9:45-10:15 Music & Memory <b>17</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Sewing Circle<br>2:00 Hydration<br>3:00 Reading                             | 9:45-10:15 Music & Memory <b>18</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Reading – Chicken Soup for the Soul<br>2:00 Hydration<br>3:00 Down Memory Lane<br><small>Armed Forces Day</small> |
| 9:45-10:15 Music & Memory <b>19</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Bible Study<br>1:30 Church Services<br>2:00 Hydration<br>3:00 Singing Hymns                                | 9:45-10:15 Music & Memory <b>20</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Craft<br>2:00 Hydration<br>3:00 Reading Chicken Soup for the Soul<br><small>Victoria Day (Canada)</small> | 9:45-10:15 Music & Memory <b>21</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Gardening – Visiting the Court Yards<br>2:00 Hydration<br>3:00 Bird Watching     | 9:45-10:15 Music & Memory <b>22</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Bible Study<br>2:00 Hydration<br>3:00 Chair Yoga                                  | 9:45-10:15 Music & Memory <b>23</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Going for a Walk<br>2:00 Hydration<br>3:00 Balloon Volleyball | 9:45-10:15 Music & Memory <b>24</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>10:30 Faith Church Singing<br>1:00 Sewing Circle<br>2:00 Hydration<br>3:00 Movie | 9:45-10:15 Music & Memory <b>25</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 I Spy<br>2:00 Hydration<br>3:00 Balloon Volleyball  |
| 9:45-10:15 Music & Memory <b>26</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Bible Study<br>2:00 Hydration<br>3:00 Singing Hymns  | 9:45-10:15 Music & Memory <b>27</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Craft<br>2:00 Hydration<br>3:00 Movie<br><small>Memorial Day</small>                                      | 9:45-10:15 Music & Memory <b>28</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Gardening – Visiting the Court Yards<br>2:00 Hydration<br>3:00 Bird Watching     | 9:45-10:15 Music & Memory <b>29</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Bible Study<br>2:00 Hydration<br>3:00 Balloon Volleyball                          | 9:45-10:15 Music & Memory <b>30</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Cooking Club<br>2:00 Hydration<br>3:00 Movie                  | 9:45-10:15 Music & Memory <b>31</b><br>10:15-10:30 Stretches<br>10:30 Hydration<br>1:00 Sewing Club<br>2:00 Hydration<br>3:00 Reading Chicken Soup for the Soul     |    |